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- Threats to VA Medical Devices
- What is VA Doing?
- Accomplishments and What’s Next?
Veterans entrust us with their private information and expect world class patient care from the VA

- As the largest healthcare provider in the Federal Government, VA has:
  - 7.84 million enrollees in the VA Healthcare System
  - 153 medical centers
  - 768 community-based outpatient clinics (CBOCs)
  - 232 Veteran centers
  - Over 50,000 networked medical devices

VA must secure medical devices in order to maintain data integrity and prevent erroneous results that may negatively impact patient safety
VA currently faces critical challenges in securing medical devices from cyber threats

- Medical devices can restrict the application of operating system patches and malware protection updates, which can potentially cause:
  - An increased vulnerability to malware attacks and potential to serve as an entry point for attacks into the trusted network
  - A risk to patient safety and protection of patient sensitive information

A medical device is defined as any device that:

- Is used in patient healthcare for diagnoses, treatment, monitoring of physiological measurements, or for health analytical purposes
- Has gone through the Food and Drug Administration’s (FDA) Premarket Review Process
- Is part of a medical device and, if modified, can have a negative impact on the functionality/safety of the main device
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➢ Threats to VA Medical Devices

➢ What is VA Doing?
  • Site-to-Site Virtual Private Network
  • Medical Device Pre-Procurement Assessment
  • Medical Device Isolation Architecture
  • Medical Device Protection Strategy

➢ Accomplishments and What’s Next?
To enhance security, VA requires medical device vendors to utilize a Site-2-Site (S2S) virtual private network (VPN)

- An encrypted tunnel is created between the VA gateway and the vendor
- Vendor employees access VA resources through approved Internet Protocol (IP) addresses that have been added to the VA national firewall
- There is no individual authentication
  - However, the company is required to have a Memorandum of Understanding (MOU)/Interconnection Security Agreement (ISA), Business Associate Agreement (BAA), and review and approval from the Enterprise Security Change Control Board (ESCCB)
  - The S2S can be local, Veterans Integrated Service Network (VISN), or national
VA policy mandates networked medical devices and devices that store patient data to undergo a pre-procurement assessment

- Per VA Directive 6550, ‘Pre-Procurement Assessment for Medical Devices’, performing a technical service assessment during the acquisition planning process:
  - Addresses risk
  - Assures medical devices are integrated with VA IT networks and systems effectively and securely
VA employs a six-step process using a virtual local area network (VLAN) structure to secure medical devices

1. **Device Identification**
   - Create a Medical Device Inventory worksheet of all networked devices requiring isolation
   - **Owner**
     - Primary: Biomedical Engineering
     - Secondary: IT Operations

2. **Grouping and Segmentation**
   - Group devices in the Medical Device Inventory worksheet into systems/modalities and assign these to VLANs
   - **Owner**
     - Primary: IT Operations
     - Secondary: Biomedical Engineering

3. **Identify Communication Requirements**
   - Identify what systems communicate with outside of the local VLAN
   - **Owner**
     - Primary: IT Operations
     - Secondary: Biomedical Engineering

4. **Migration Planning and Coordination**
   - Identify workflow issues, connection stakeholders, and stakeholder change responsibilities
   - **Owner**
     - Primary: IT Operations
     - Secondary: Biomedical Engineering

5. **System Migration**
   - Transfer devices to the appropriate VLAN
   - **Owner**
     - Primary: IT Operations
     - Secondary: ISOs

6. **Implementing Protection**
   - Implement firewall rules between the medical device VLAN and external networks
   - **Owner**
     - Primary: IT Operations
     - Secondary: ISOs

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...this process should be applied to systems that are connected to the VA network but cannot be patched in accordance with VA patching policy
Firewalls allow medical devices to communicate while maintaining best security and networking practices.

- Firewalls provide stateful packet inspection and are hardened against attacks directed at them.
- Inbound firewall rule sets are applied to each Virtual Local Area Network (VLAN) interface coming into the firewall.
- Ensures that only allowed traffic from inside the VA network flows through the firewalls.
- Reduces the risk that medical device systems will be compromised.

Using firewalls to protect medical device systems is required!

VA MDIA
(Guidance established in 2004 and updated in 2009)
VA is simultaneously developing a comprehensive protection strategy for securing medical devices.
VA’s medical device protection strategy encompasses communications, training, validation…

**Communications**
- The Information Protection and Risk Management (IPRM) Office is utilizing memorandums, the IP Portal, the IP Update newsletter, and the Risk Management and Incident Response (RMIR) Office’s “What If” newsletter to communicate MDIA information.
- Field Security Operations (FSO) is meeting with ISOs, VA-NSOC, Biomedical Engineering, and IT Operations in every region, as well as other Federal agencies, to answer questions and ensure medical device security requirements are understood.

**Training**
- FSO, with communications support from IPRM Communications, has developed MDIA role-based training (RBT) tailored to various parties – ISOs, VA Network Security and Operations Center (VA-NSOC), VHA Biomedical Engineering, and the IT community.
- FSO has also created RBT on VA Directive 6550.

**Validation**
- OI&T is developing an ongoing review process to validate implementation.
- A monthly status report will be provided throughout the full deployment of the MDIA.
- The IPRM Emergency Response Team (ERT), IT Office of Oversight & Compliance (ITOC), and Inspector General (IG) will ensure that VLANs are in place.
Scanning Regimen

- FSO is researching improved medical device scanning techniques in coordination with Veterans Health Administration (VHA) Healthcare Technologies Management (HTM) and the vendor community

Malware/Virus Remediation

- The Office of Information and Technology (OI&T) is creating a virus and malware strategy to enhance detection and eradication
- OI&T recommends that all medical devices be equipped with approved anti-virus protection
- Full cooperation from the vendor community is required to ensure full deployment of anti-virus protection

Patching Solution

- OI&T is initiating a more robust patching program for medical devices in coordination with VHA HTM and the vendor community
- A pilot to improve patch management and strengthen access control for isolated medical devices is in the planning stages; to include a repository of approved patches that will be made available to VHA Biomedical Engineers
- FSO met with FDA to determine actual restrictions relative to anti-virus and patching
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VA has made great strides in medical device security…

- Released a memorandum requiring medical center Facility CIOs to certify all medical devices are isolated within MDIA VLANs with approved Access Control Lists (ACLs) by September 30, 2010

- Administered MDPP and VA Directive 6550 RBTs to over 550 ISOs, VA-NSOC staff, IT Operations staff, and Biomedical Engineers

- Reviewed over 1,835 medical VLANs and assigned a grade rating level of effort required to bring MDIA into compliance with 2004 guidance

- Working on a secure patch repository for medical devices

- Developing a standard operating procedure (SOP) for medical device infection remediation

- Meeting monthly with the Department of Defense, Indian Health Service, and vendors to discuss medical device security issues

…just to name a few!
...but we still have a lot of work to do!

- It will take approximately 7 months* to update existing Medical Device VLANs to meet the 2004 MDIA guidance

- This task will:
  - Require a concerted and organized effort
  - Bring VA into compliance with the baseline 2004 guideline one year from the release of the 2009 MDIA guidance

PROPOSED TIMELINE

January 2010

Implementation Standardization and Deployment Planning (3 - 4 weeks)

August 2010

Progress Completed

Deployment / Upgrade (6 months)

September 30, 2010

...once all Medical Device VLANs meet 2004 MDIA requirements, work will begin to reach compliance with the 2009 MDIA guidance

* Estimate
Questions?