
Building the Next Generation of Cyber Defenders

Tapping into the League of
Wounded Warriors to help
Protect and Defend the
Nation's Information Systems

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Jim Wiggins



FITS
FEDERAL IT SECURITY
INSTITUTE

HELPING SECURE THE NATION'S FEDERAL INFORMATION SYSTEMS



Wounded Warrior
Cyber Combat Academy

Speaker Introduction



- **Mr. Sam Maroon**
 - IT Operations Instructor for the US Department of State
 - was an Electronic Warfare Officer and Tactics Officer while serving in the US Air Force



- **Mr. Jim Wiggins**
 - Cyber Security Trainer and Information Assurance Practitioner
 - 12 years of experience in IT security
 - FISSEA “Educator of the Year” for 2010
 - **Executive Director of the Federal IT Security Institute (FITSI)**

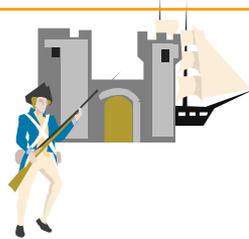
Overview

- The Cyber Security Problem Space
- The Need for Technical Cyber Defenders
- How to Build Technical Cyber Capabilities
- The League of Wounded Warriors
- Wounded Warrior Training Model
- Program Details
- The Players
- The Results
- Registration Process
- How Can You Help
- Contact Information
- Questions and Answers
- CEU/CPE Information

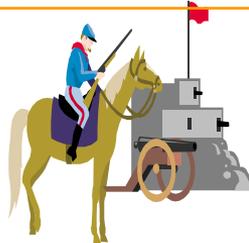
The Cyber Security Problem Space

■ Historic Background

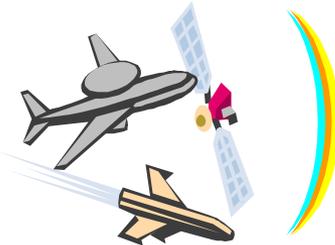
18th Century



19th Century



20th Century



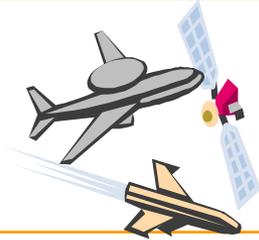
T
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Always a Target, But Always Defendable

The Cyber Security Problem Space

- Where are we headed?

2001 ?



2011?



2021?

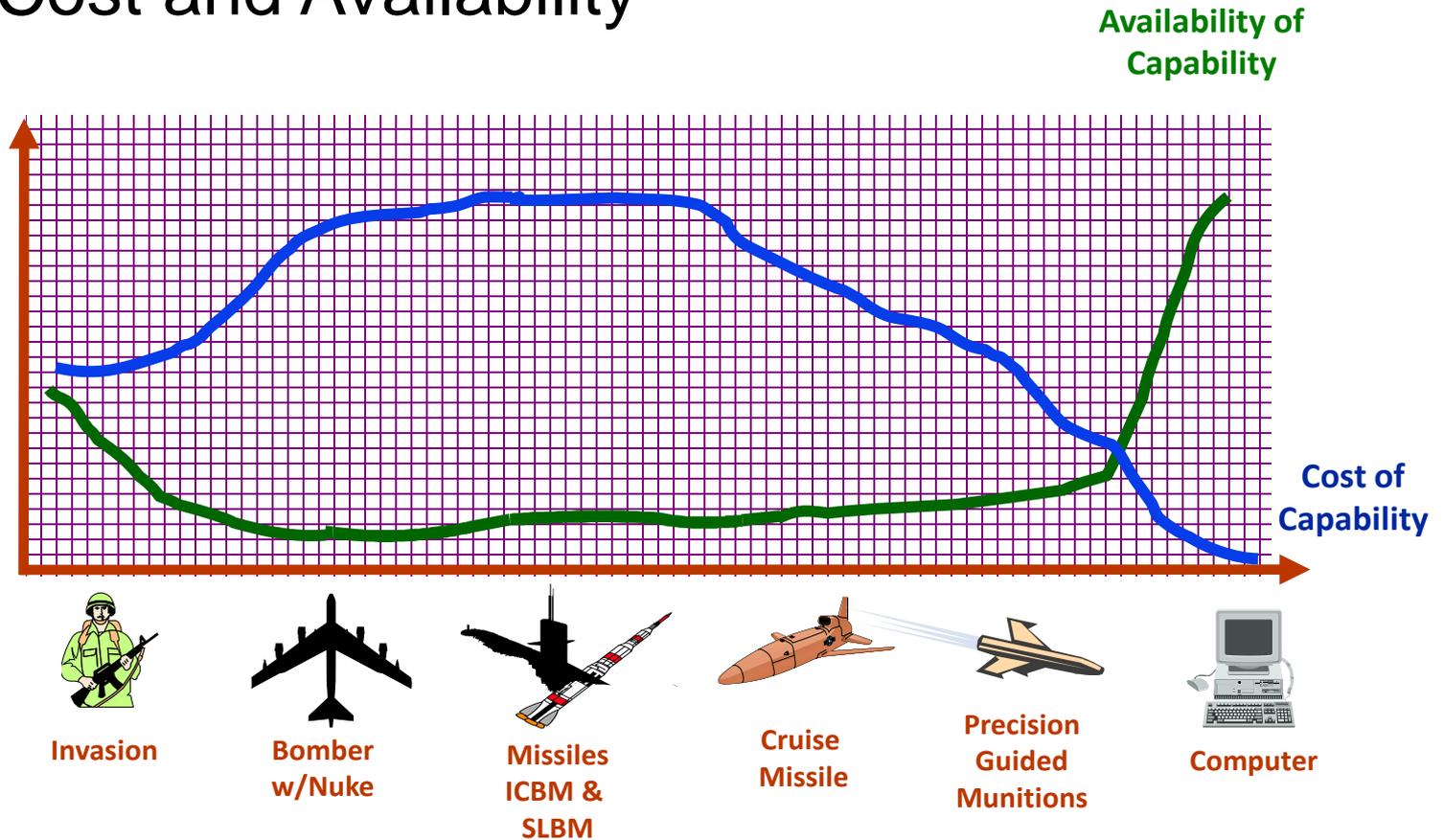


T H R E A T

Have We Lost The Advantage of Our Geography?

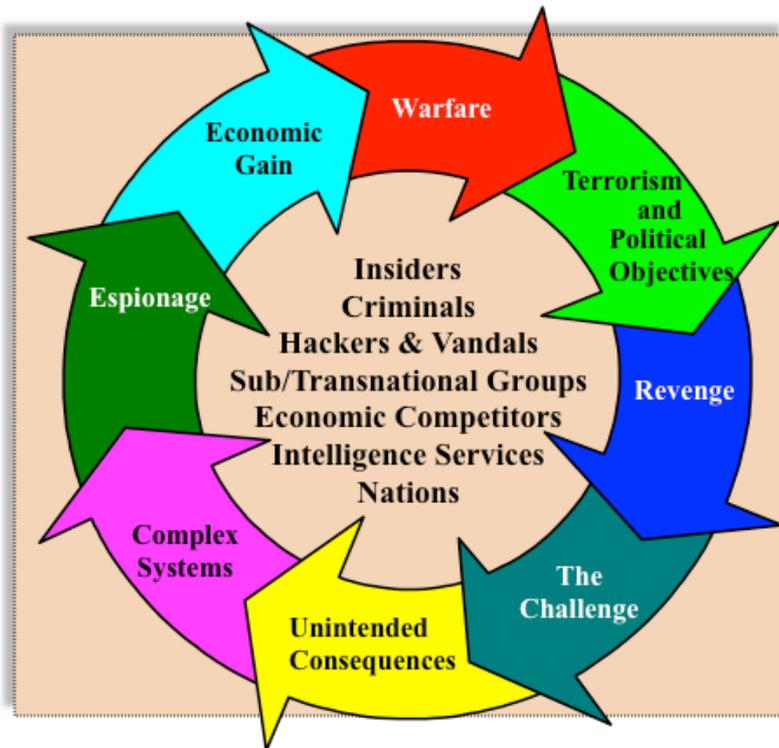
The Cyber Security Problem Space

■ Cost and Availability



The Cyber Security Problem Space

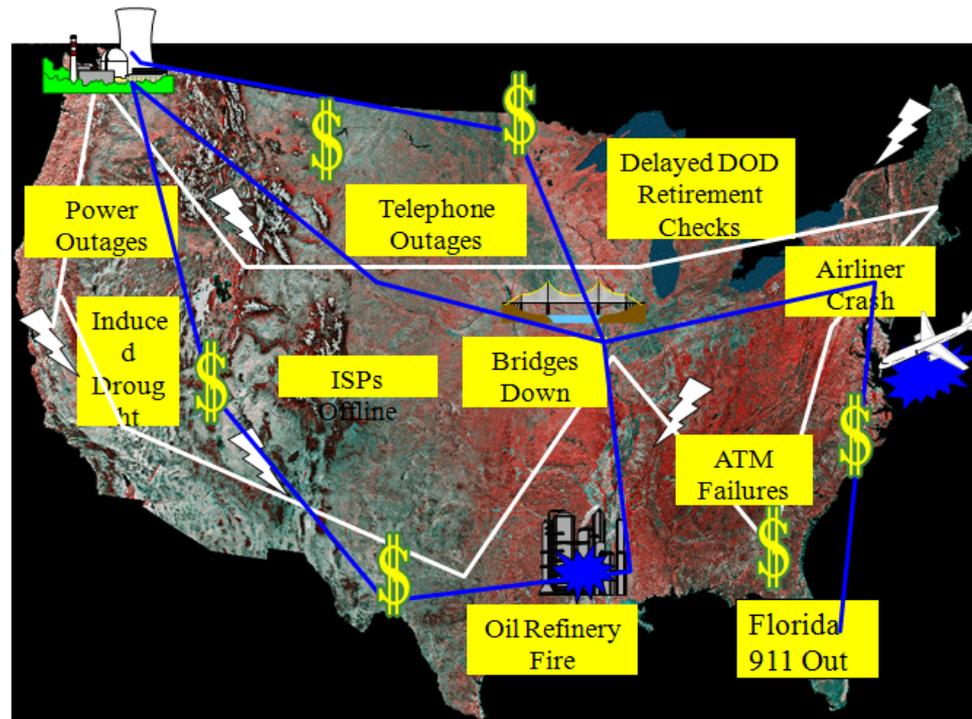
■ Attack Motivation



- Detection capabilities are too limited to reliably know what is going on
- Automated attack tools make it very difficult to evaluate who the attacker is or the motivation.
- **In fact, our first reaction to unusual circumstances on our computers is defined by three keys: Control, Alt, Delete - -**

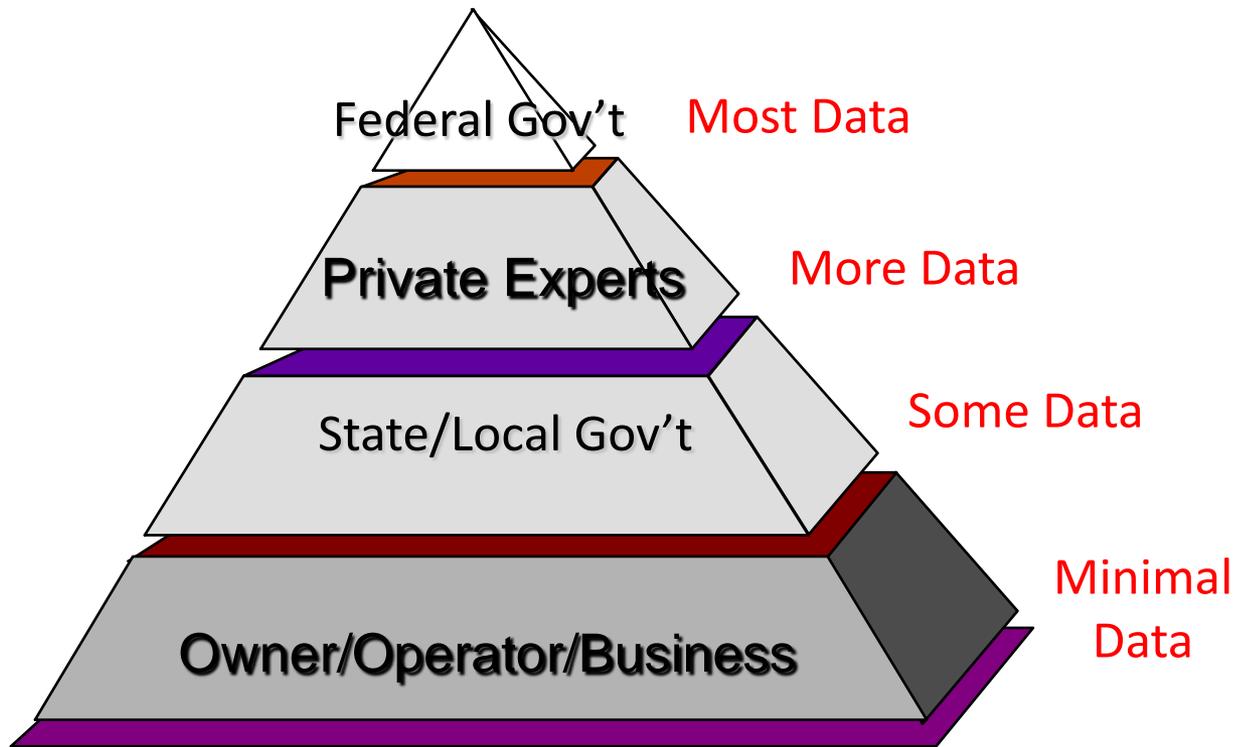
The Cyber Security Problem Space

■ Attack Recognition and Attribution



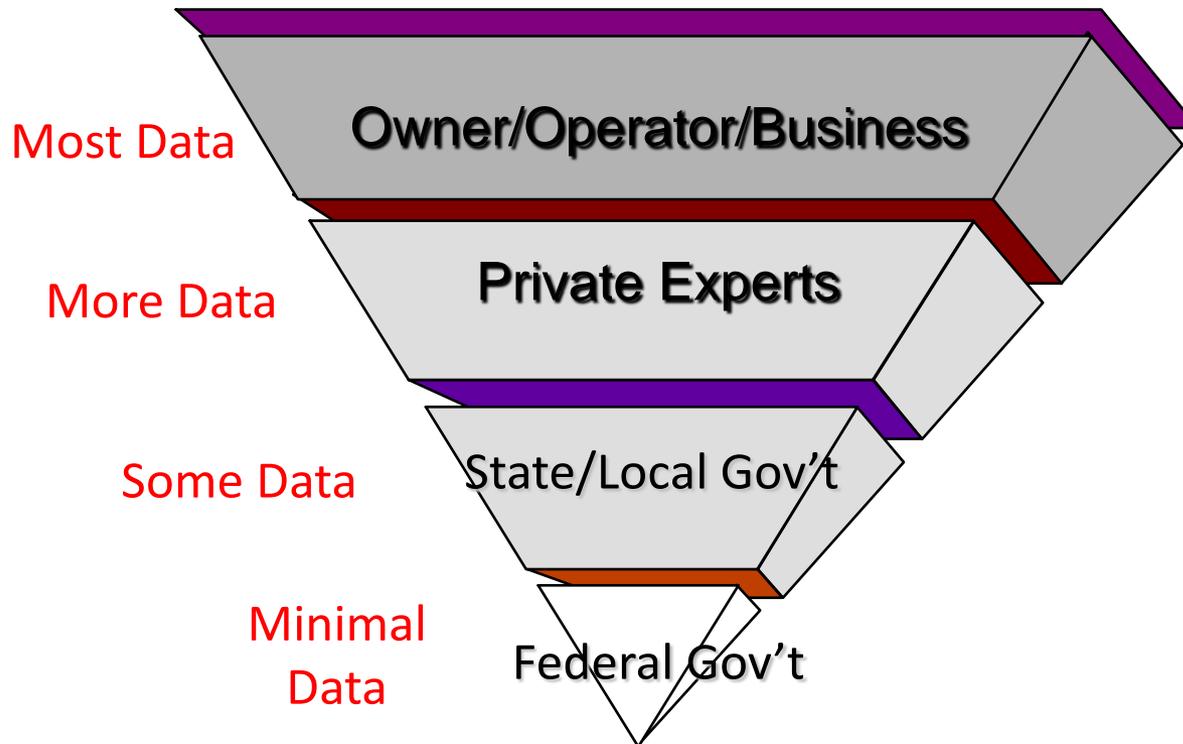
The Cyber Security Problem Space

- Consider the Traditional National Security Model



The Cyber Security Problem Space

- Today's Cyber Security Model Stands the Traditional Model on Its Head!



The Need for Technical Cyber Defenders

- Cyber attacks continue to escalate
 - RSA
 - Oak Ridge National Laboratory
 - Many government contracting firms

- Attacks are highly sophisticated
 - Not just Denial of Service
 - Data theft and intellectual property being lost
 - i.e. - Advanced Persistent Threat

The Need for Technical Cyber Defenders

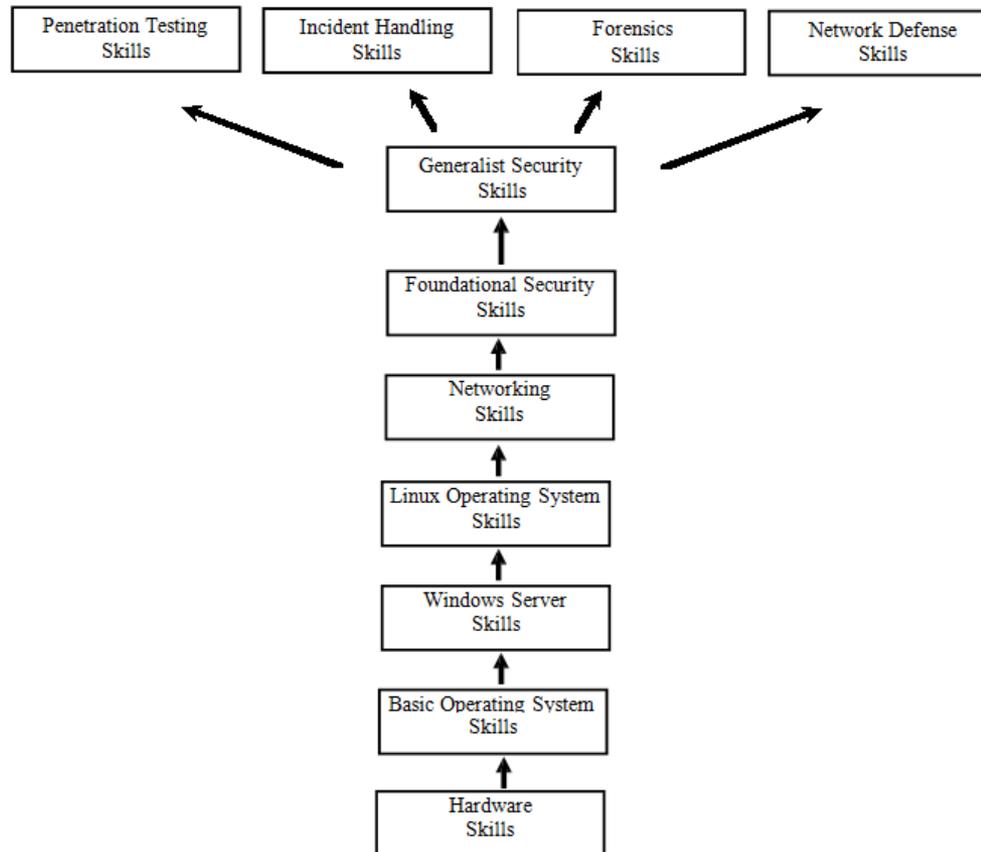
- In 2010, James Gosler, a veteran cyber security specialist who has worked at the CIA, the National Security Agency and the Energy Department made the following comment, *“We don't have sufficiently bright people moving into this field to support those national security objectives as we move forward in time.”*
 - Gosler estimated in 2010 that there were only 1,000 people in the entire United States with the sophisticated skills needed for the most demanding cyber defense tasks.
 - To meet the computer security needs of U.S. government agencies and large corporations, he says, a force of 20,000 to 30,000 similarly skilled specialists is needed.¹

¹ <http://www.npr.org/templates/story/story.php?storyId=128574055>

How to Build Technical Cyber Capabilities

- Lots of skills are required
 - Hardware Skills
 - Operating System Skills
 - Server Skills
 - Linux Skills
 - Networking Skills
 - Foundational Security Skills
 - Generalist Security Skills
 - Specialty Skills
 - Penetration Testing
 - Network Defense
 - Incident Handling
 - Forensic Analysis
 - Security Control Assessors

How to Build Technical Cyber Capabilities



The League of Wounded Warriors

- Who is a Wounded Warrior?
 - Military service members who have suffered a serious life altering injury
 - In combat or non-combat situations
 - Injury typically ends their ability to continue to serve on active duty as determined through normal Medical Evaluation Board/Physical Evaluation Board processes
 - Most are returning service men and women who have served in combat environments such as Iraq or Afghanistan



The League of Wounded Warriors



- What makes a wounded warrior an ideal candidate as a cyber defender?
 - Ability to be trained
 - Highly patriotic
 - Availability of time
 - Desire to repatriate
 - Aptitude for tactics and strategy
 - The Nation needs them

 - They are dedicated, highly motivated, disciplined, and trustworthy team players who both industry and government seek as workers.
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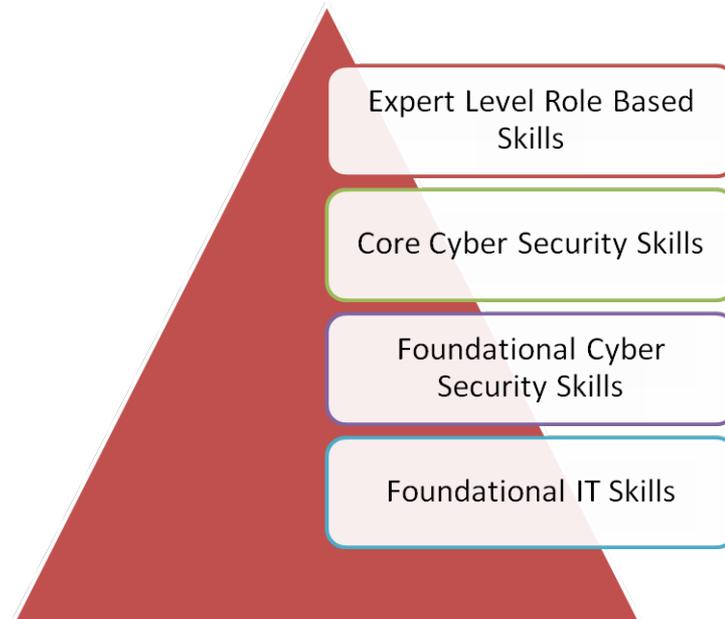
Wounded Warrior Training Model



- High Level Overview
 - Use of Industry Certifications
 - Use of Online Training Platform
 - Use of a Cyber Range
 - Use of Performance Based Assessments
 - How the Pieces Fit Together
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Wounded Warrior Training Model

- High Level Overview

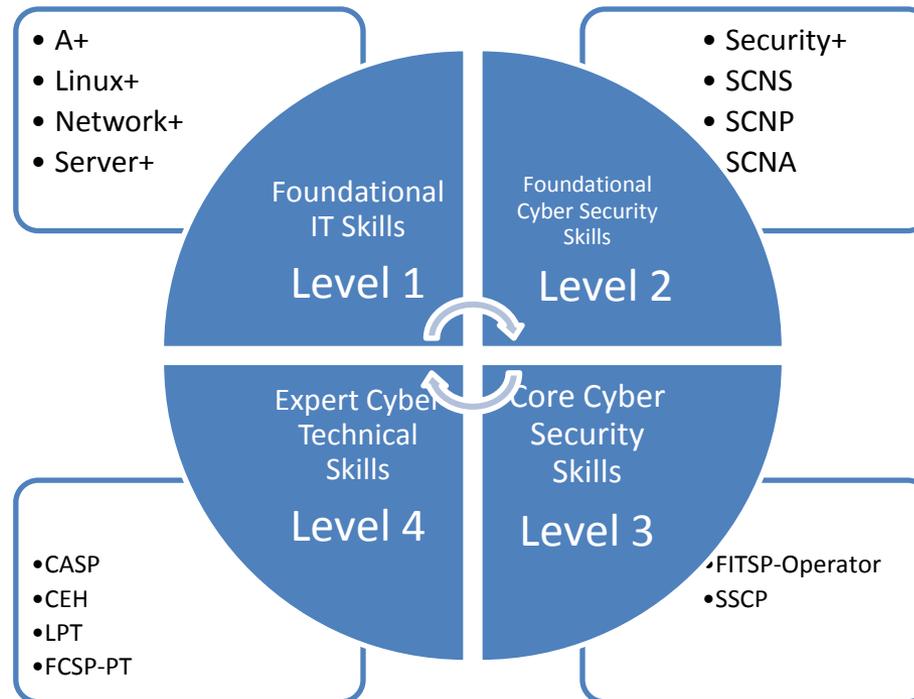


Wounded Warrior Training Model

- Use of Industry Certifications
 - CompTIA
 - A+, Network+, Security+, Linux+, Server+, CASP
 - EC-Council
 - Certified Ethical Hacker, Licensed Penetration Tester
 - FITSI
 - FITSP-Operator
 - ISC2
 - Systems Security Certified Practitioner
 - Security Certified
 - Security Certified Network Specialist
 - Security Certified Network Professional
 - Security Certified Network Architect

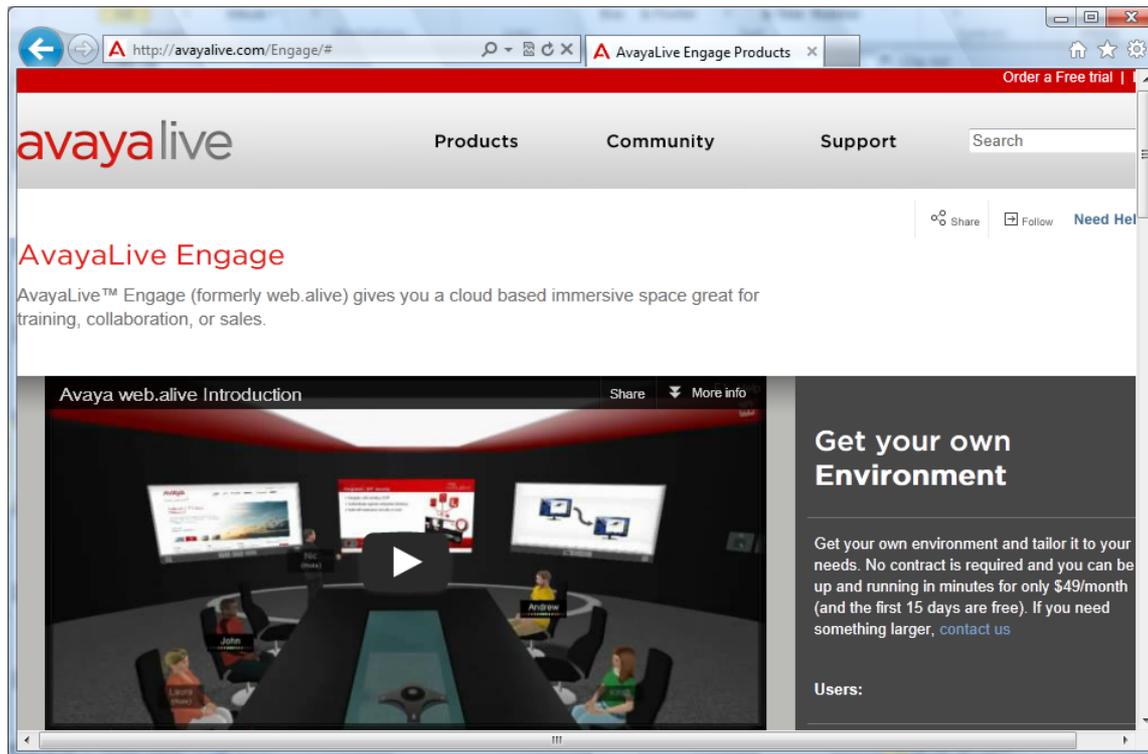
Wounded Warrior Training Model

■ Use of Industry Certifications



Wounded Warrior Training Model

- Online Training Platform – Avaya Live



The screenshot shows a web browser window displaying the AvayaLive Engage website. The address bar shows the URL <http://avayalive.com/Engage/#>. The page features a navigation menu with 'Products', 'Community', and 'Support' links, along with a search bar. Below the navigation, the main heading is 'AvayaLive Engage', followed by a sub-heading 'AvayaLive™ Engage (formerly web.alive) gives you a cloud based immersive space great for training, collaboration, or sales.' A video player is embedded on the page, titled 'Avaya web.alive Introduction', showing a virtual meeting room with several avatars seated around a table. To the right of the video, there is a section titled 'Get your own Environment' with the text: 'Get your own environment and tailor it to your needs. No contract is required and you can be up and running in minutes for only \$49/month (and the first 15 days are free). If you need something larger, [contact us](#)'. Below this text, the word 'Users:' is visible.

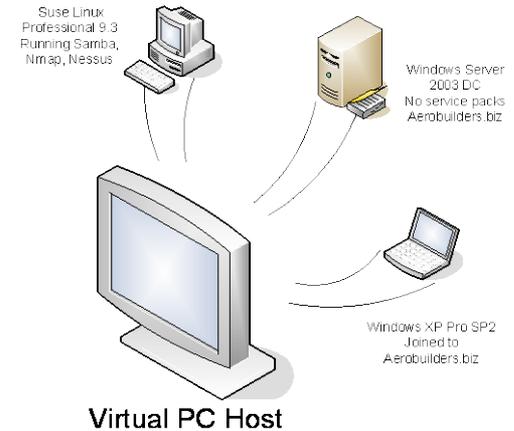


Each student has an Avatar!

Wounded Warrior Training Model

■ Use Cyber Range Technologies - SAIC

The screenshot shows the SAIC website's CyberNEXS Cyber Security Training page. The browser address bar displays <https://www.saic.com/cybernexs/>. The page features a blue header with the SAIC logo and navigation links: Solutions, About, Investors, Careers, Media, and Contact. A search bar is located on the right side of the header. The main content area includes a breadcrumb trail: Home > Services > Cybersecurity > Security Education and Training. The page title is "CyberNEXS Cyber Security Training". Below the title, a paragraph states: "SAIC's cyber training, certification, and exercise model helps cybersecurity professionals protect critical data assets." A yellow triangle graphic contains the text "OFFENSE", "DEFENSE", "FORENSICS", and "CYBER GAMES". Below this, there are tabs for "Overview", "Sales Options", "Community Outreach", "Certification", and "Media & Downloads". The "Overview" tab is selected. The text under "The Need for Comprehensive Cyber Training" reads: "Information is a critical business asset, which depends on protection by competent system administrators experienced in real-world environments and threats. With the cyber threat increasing, we need a meaningful way to train, and certify, the level of cyber competency. A cyber-defense curriculum and live-fire trainers that quantify a student's performance are essential to the survival of our 'Information Age' critical assets." Below this, it states "Effective cyber-defense training environment must include:" followed by a bulleted list: "• Real-world, live training on systems that emulate the production environment" and "• Initial training conducted using a structured, on-site methodology; a 'train the trainer' model can provide continuity for routine exercising thereafter". A "Contact Us Today" box contains the text: "For more information about our business solutions and capabilities, please [contact us today](#)." At the bottom, there is a "CyberNEXS" logo with "INSTRUCT" and "EXERCISE" written around it. A security warning at the bottom of the browser window says "Only secure content is displayed. [What's the risk?](#) Show all content".



Wounded Warrior Training Model

■ Curriculum and Exercises on the Cyber Range

Role on the Cyber Range	Certification program
Help desk technician	A+
Network administrator	Network+
Network engineer	Server+
Network engineer	Linux+
Security Analyst	Security+
Security Administrator	SCNS
Security Engineer	SCNP/SCNA
Information Assurance Manager	CISSP
Information Systems Security Officer	FITSP-Operator
Blue Team Member	CEH
Red Team Member	ECSCA/FCSP-Penetration Tester

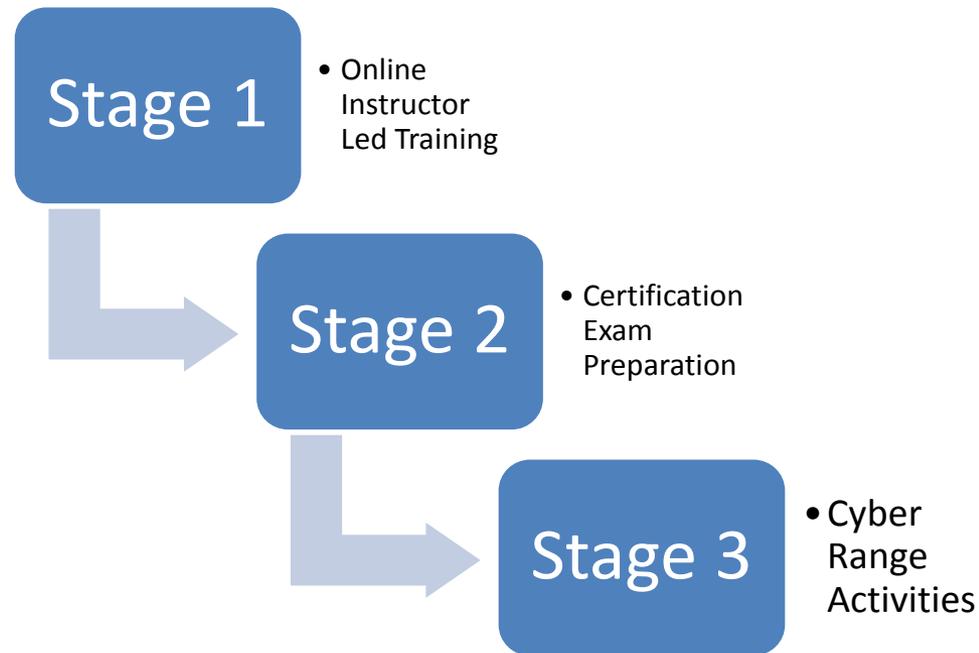
Wounded Warrior Training Model

- Use of Performance Based Assessments
 - Capstone for all graduates of the program
 - Exercises as part of the cyber range will train towards preparation of the capstone project
 - Can help demonstrate that the students can actually “do the work”
 - Will earn a final certification
 - Federal Cyber Security Professional - Penetration Tester



Wounded Warrior Training Model

■ How the Pieces Fit Together



Program Details



- Overview
 - Training Stages
 - End Game
 - Schedule
 - Funding Sources
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Program Details



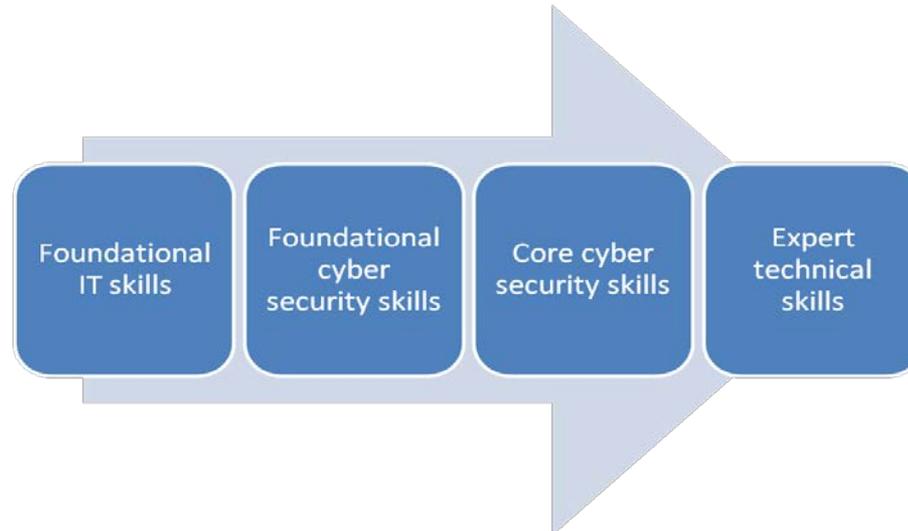
■ Overview

- Start with a small group of 20 in a pilot program
 - Use a dozen certifications
 - Use the Cyber Range
 - Use Performance Based Assessments
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Program Details

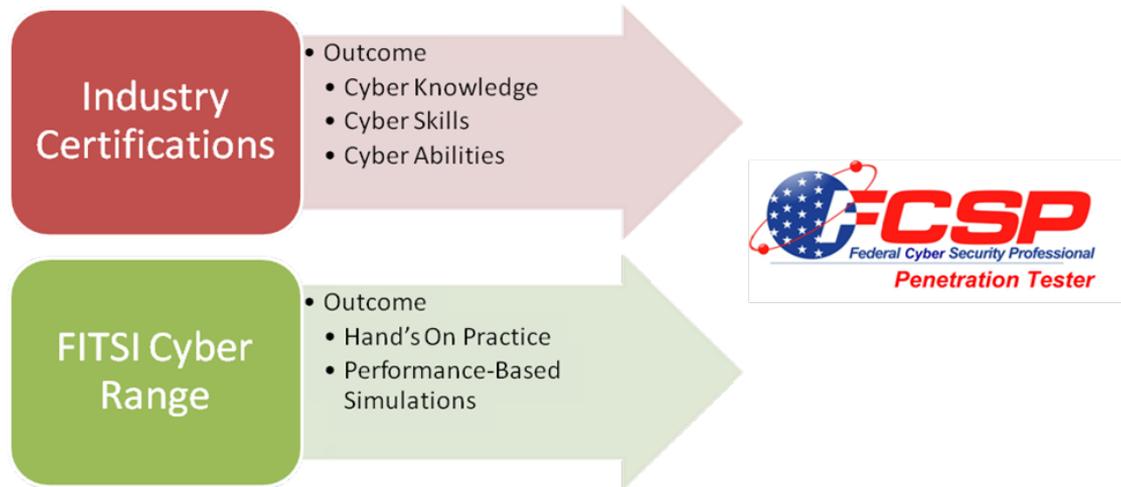
■ Training Stages

- 4 stages
- 4 quarters – 1 year



Program Details

■ End Game



Program Details

- Schedule – Monthly Breakdown

Program	Month
A+	March 2013
Server+	April 2013
Linux+	May 2013
Network+	June 2013
Security+	July 2013
SCNS	August 2013
SCNP	September 2013

Program Details

■ Schedule – Typical Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 Cyber Team Cohort (6:00-10:00pm)	6	7 Cyber Team Cohort (6:00-10:00pm)	8	9
10	11	12 Cyber Team Cohort (6:00-10:00pm)	13	14 Cyber Team Cohort (6:00-10:00pm)	15	16
17	18	19 Cyber Team Cohort (6:00-10:00pm)	20	21 Cyber Team Cohort (6:00-10:00pm)	22	23
24	25	26 Cyber Team Cohort (6:00-10:00pm)	27	28 Cyber Team Cohort (6:00-10:00pm)		

Program Details



- Funding Sources
 - Initial pilot program handled with corporate/personal sponsor donations
 - Future funding to be explored as program grows



The Players

- Online Providers

- Avaya Government Solutions
 - Provides the Online “Avatar-based” learning platform
- SAIC
 - Provides the online cyber range



The Players

■ Certification Bodies

- CompTIA
 - Provides the entry-level certifications
- EC-Council
 - Provides some of the highly technical certifications
- FITSI
 - Provides the federally focused certification programs
- ISC2
 - Provides the “core” cyber security certification programs
- Security Certified
 - Provides the foundational cyber security certification programs



The Players

- Textbook Providers
 - Axzo Press
 - Logical Operations

The logo for Axzo Press, featuring the word "axzo" in a bold, lowercase, sans-serif font. A blue swoosh underline is positioned above the letters "x" and "z".The logo for Logical Operations, consisting of a blue square icon on the left containing a white mathematical greater-than-or-equal-to symbol (\geq). To the right of the icon, the words "Logical Operations" are written in a blue, sans-serif font, with "Logical" on the top line and "Operations" on the bottom line.

The Results



- Program will benefit
 - The Nation
 - The League of Wounded Warriors
 - The Cybersecurity Industry
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The Results



- Benefits to the Nation
 - Highly trained cyber defenders
 - Graduates will have real job performance
 - Every candidate will be fully DoD 8570 compliant in multiple levels of the Information Assurance Management (IAM) and Information Assurance Technical (IAT) certification framework
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The Results



- Benefits to the League of Wounded Warriors
 - Ability to continue serving their country
 - Using their military aptitude to defend the Nation in a new theatre of battle
 - Enter a job market where there is a virtual zero percent unemployment rate*
- 
-

The Results



- Benefits to the Cybersecurity Industry
 - Begin to build the necessary technical cyber capability
 - Helps address workforce shortage of personnel
 - Establishes comprehensive training framework using existing industry players
- 
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Registration Process



- What traits are ideal for Wounded Warriors
- Criteria for W2CCA Registration
- How to Apply



Registration Process



- What traits are ideal for Wounded Warriors
 - Ideal candidates will possess
 - Desire to enter a market with a “zero” percent unemployment rate
 - Ability to think abstractly
 - Aptitude to work well with others
 - Geek traits as it relates to technology
 - Ability to commit to a long term program
 - Acceptance of a career requiring continuous learning
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Registration Process

■ Criteria for W2CCA Registration

1. Be transitioning or have transitioned from military service;
2. Suffer from injuries or illnesses incurred while deployed in overseas contingency operations supporting Operation Iraqi Freedom (OIF) and/or Operation Enduring Freedom (OEF) since September 11, 2001; and
3. Receive, or expect to receive, a physical disability rating of 30% or greater in at least one of the specific categories listed below that substantially affect a major life function, or receive, or expect to receive, a combined rating equal to or greater than 50% for any other combat or combat related condition:
 - Blindness/loss of vision
 - Deafness/hearing loss
 - Fatal/incurable disease
 - Loss of limb
 - Permanent disfigurement
 - Post traumatic stress
 - Severe burns
 - Spinal cord injury/paralysis
 - Traumatic brain injury
 - Any other condition requiring extensive hospitalizations or multiple surgeries

Registration Process



■ Criteria for W2CCA Registration

- Should a service member be unable to participate due to the severity of his/her injuries, the same support will be extended to a member of his/her immediate family who may be seeking training. Widows and widowers of service members who have paid the ultimate sacrifice during OIF or OEF are also eligible for support under the W2CCA program. If support is provided to a family member and the service member becomes able to participate, support will then be extended to him/her.



Registration Process

■ How to Apply

Active Duty



Veteran



How Can You Help?

- Three ways to help
 - Recruit a wounded warrior you may know
 - Point them to <http://www.w2cca.org>
 - Ask your organization to become a corporate sponsor
 - Corporate sponsorship form
 - <http://www.fitsi.org/w2cca-cs.pdf>
 - Three levels of sponsorship
 - Gold
 - Silver
 - Bronze
 - Consider a personal donation
 - Any level of giving is greatly appreciated
 - Personal sponsorship form
 - <http://www.fitsi.org/w2cca-ps.pdf>

Contact Information

- Sam Maroon
 - 703-302-3155 – maroonsa@state.gov
- Jim Wiggins
 - 703-828-1196 x701 – jim.wiggins@fitsi.org
- Wounded Warrior Cyber Combat Academy Website
 - <http://www.w2cca.org>
- FITSI
 - <http://www.fitsi.org>

Questions and Answers



- Comments?
- Questions?
- Thoughts?



CEU/CPE Information



- Thanks for attending today's session!

 - A generic webinar completion certificate can be downloaded from the following site
 - <http://www.fitsi.org/w2cca-ceu-cert.pdf>

 - Hold onto the following:
 - Completion certificate after filling in your name
 - A copy of the email confirmation showing you registered for the webinar
- 
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Recap

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