# Safeguarding Health Information

Building Assurance through HIPAA Security SEPTEMBER 3, 2015







#### THE NATIONAL CYBERSECURITY LAB HELPS SECURE HIT



- NCCoE 101
- EHR and Mobile Device Project
  - Practice Guide
- Wireless Infusion Pumps Project

## NCCoE 101





#### STRATEGIC PLAN





#### VISION

**ADVANCE CYBERSECURITY** 

A secure cyber infrastructure that inspires technological innovation and fosters economic growth





#### **VISION**

ACCELERATE ADOPTION OF SECURE TECHNOLOGIES

Collaborate with innovators to provide real-world cybersecurity capabilities that address business needs



#### PROVIDE PRACTICAL **CYBERSECURITY**

Help people secure their data and digital infrastructure by equipping them with practical ways to implement cost-effective, repeatable and scalable cybersecurity solutions



#### GOAL 2

#### INCREASE RATE OF **ADOPTION**

Enable companies to rapidly adopt commercially available cybersecurity technologies by reducing their total cost of ownership



#### © GOAL 3

#### ACCELERATE EFFECTIVE **INNOVATION**

Empower innovators to creatively address businesses' most pressing cybersecurity challenges in a state-of-theart collaborative environment



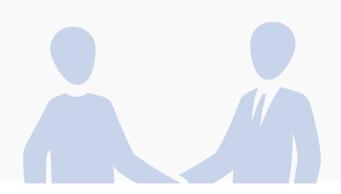


#### **NIST ITL**

The NCCoE is part of the NIST Information Technology Laboratory and operates in close collaboration with the Computer Security Division. As a part of the NIST family, the center has access to a foundation of prodigious expertise, resources, relationships and experience.

#### **PARTNERSHIPS**

The NCCoE is motivated by results. Established in 2012 through a partnership between NIST, the State of Maryland and Montgomery County, the NCCoE is dedicated to furthering innovation through the rapid identification, integration and adoption of practical cybersecurity solutions.



#### ITL THOUGHT LEADERSHIP







🚉 Risk Management

्र Secure Virtualization



Security Automation

Security for Cloud and Mobility

Trusted Roots of Hardware

Vulnerability Management

Secure Networking

Usability and Security

#### **STAKEHOLDERS**





Advise, assist, and facilitate the Center's strategic initiatives



The White House



National Institute of Standards and Technology



U.S. Department of Commerce



U.S. Congress



Montgomery County



Maryland State



Collaborate with innovators to provide realworld cybersecurity capabilities that address business needs













**Project** Specialist



Project-**Specific** Collaborators



**National** Cybersecurit y Excellence Partnership (NCEP) **Partners** 



Collaborate with center on project-specific use cases that help our customer's manage their cybersecurity priorities











Cybersecurity IT community



Systems Integrators

#### PARTICIPATION BENEFITS





#### Advance your organization's adoption

of practical cybersecurity solutions that are usable, repeatable and secure



#### Access integrated cybersecurity solutions

that match your industry's specific business needs



#### Rely on cybersecurity solutions

that are built on commercially available technologies



#### Increase your organization's ability to innovate

by bridging technology gaps



#### Work with cyber innovators

in a trusted, state-of-the-art, collaborative environment



#### Deepen your organization's understanding

of cybersecurity capabilities, relevant costs and integration and adoption methods



#### Broaden your organization's awareness

of cybersecurity technologies and standard







































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#### USE CASES AND BUILDING BLOCKS



#### The NCCoE seeks problems that are

- Broadly applicable across much of a sector, or across sectors
- Addressable through one or more reference designs built in our labs
- Complex enough that our reference designs will need to be based on the combination of multiple commercially available technologies

#### Two kinds of reference designs

- Sector-specific **use cases** that focus on a business-driven cybersecurity problem facing a particular sector (e.g., health care, energy, financial services)
- Technology-specific building blocks that cross sector boundaries (e.g., roots of trust in mobile devices, trusted cloud computing, software asset management, attribute based access control)



#### **CURRENT SECTORS OF FOCUS**

Add a health IT sector image...

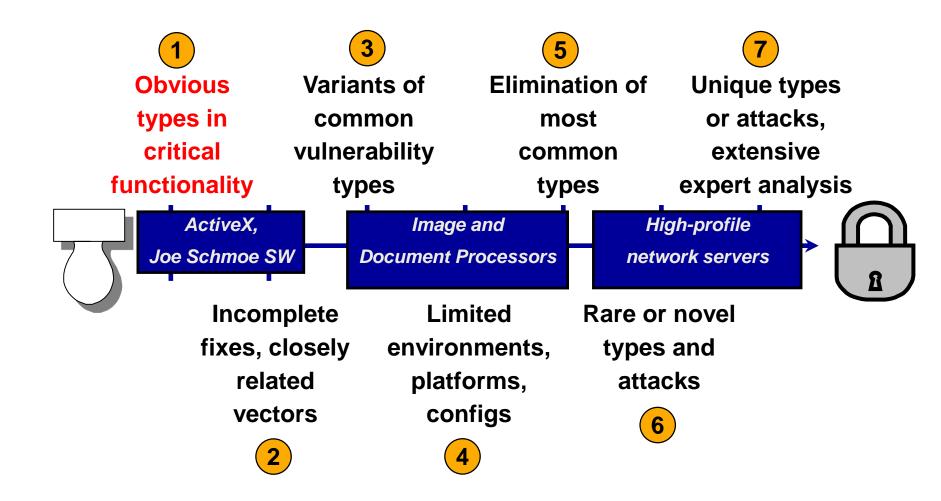
- HEALTH IT
  - EHR and Medical Devices
  - Wireless infusion Pumps
- Energy
- Financial
- Transportation
- Retail



#### TYPICAL VULNERABILITY OF A PRODUCT (@2007)



#### Resolving healthcare vulnerabilities is in Stage 1



# EHR and Mobile Device Project





#### HIGH-LEVEL OVERVIEW FOR EHR AND MOBILE DEVICES



- 1. Project Plan
- 2. Use Case
- 3. Practice Guide
  - 1. Security Characteristics
  - 2. Risk Assessment
  - 3. Control Mappings
  - 4. Architecture
  - 5. Evaluation
  - 6. How-To



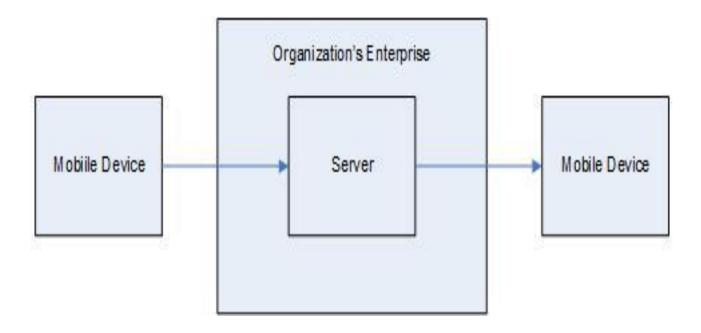
#### Opportunities to participate

- 1. Outreach to Community of Interest (CoI)
- 2. Use Case Definition
- 3. Use Case Definition with Feedback
- 4. Publish FRN
- 5. Solicit Letter of Interest
- 6. Host Vendor Day
- 7. Sign CRADAs
- 8. Finalize Roster of Collaborators
- 9. Develop Draft Architecture Design & Build Plan
- 10.Create Build
- 11. Develop Practice Guide
- 12.Demonstration



- 1. Physician uses a mobile device application to send a referral to another physician.
- 2. Application sends the referral to a server running a certified EHR application.
- Server routes the referral to the referred physician.
- 4. Referred physician uses mobile device to receive the referral.

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#### **SECURITY CONSIDERATIONS**



- 1. Security of the device itself
- 2. Security of the data
- 3. Wireless device data transmission
- 4. EHR message authentication
- 5. EHR Network security
- 6. EHR System Security



















# EHR and Mobile Device Practice Guide





#### REVIEW OF WHAT'S IN A PRACTICE GUIDE



#### The guide:

- Maps security characteristics to standards and best practices from NIST and other standards organizations, and to HIPAA rules
- 2. Provides a detailed architecture and capabilities that address security controls
- 3. Facilitates ease of use through automated configuration of security controls
- 4. Addresses the need for different types of implementation, whether inhouse or outsourced
- 5. Provides a how-to for implementers and security engineers

#### RISK ASSESSMENT METHODOLOGY



#### Methodology Steps

#### Identify

- thread source and events
- vulnerabilities and predisposing conditions

#### **Determine**

- likelihood of occurrence
- determine magnitude of impact
- risk

We offer two methods for conducting risk assessment:

- 1) Table-driven method
- 2) Attack/fault-tree assessment methodology



Our risk assessments focused on threats that may lead to the loss of:

- confidentiality unauthorized disclosure of sensitive information
- integrity unintended or unauthorized modification of data or system functionality
- availability impact to system functionality and operational effectiveness



Based on our risk assessment, the major threats to confidentiality, integrity, and availability are:

- a lost or stolen mobile device
- a user
  - walks away from logged-on mobile device
  - downloads viruses or other malware
  - uses an unsecure Wi-Fi network
- inadequate
  - access control and/or enforcement
  - change management
  - configuration management
  - data retention, backup and recovery

## MAPPING CSF FUNCTIONS TO COLLABORATOR PRODUCTS



CSF Function	Company	Application	Use	
		/ Product		
Identify (ID)	RSA	Archer GRC	centralized enterprise, risk and compliance management tool	
Protect (PR)	MedTech Enginuity	OpenEMR	web-based and open source electronic health record and supporting technologies	
	open source	Apache Web Server		
	open source	PHP		
	open source	MySQL		
	open source	ModSecurity	Apache module extension, web application firewall (supporting OpenEMR)	
	open source	OpenSSL	cryptographically secures transmissions between mobile devices and the OpenEMR web portal service	
	Various	mobile devices	Windows, IOS and Android tablets	
	Fiberlink	MaaS360	Cloud-based mobile device policy manager	
	open source	iptables firewall	stateful inspection firewall	
	open source	Root CA / Fedora PKI manager	cryptographically signs identity certificates to prove authenticity of users and devices	
	open source	domain name system (DNS) and DNS encryption (DNSE) / Bind9	performs host or fully qualified domain resolution to IP addresses	
	open source	secure configuration manager / Puppet Enterprise	creation, continuous monitoring, and maintenance of secure server and user hosts	
	Cisco	local and remote mobile NAC (Identity Services Engine)	radius-based authentication, authorization and accounting management server	
	Cisco	VPN server (ASAv 9.4)	enterprise class virtual private network server based on both TLS and IPSEC	
	open source	URbackup	online remote backup system used to provide disaster recovery	
	Cisco	wireless access point (RV220W)	Wi-Fi access point	

## MAPPING SECURITY CHARACTERISTICS TO THE CSF AND HIPAA CONTRACTOR OF THE CSF AND HIPAA



Security Characteristics	CSF Function	CSF Category	HIPAA Requirements
access control	Protect (PR)	Access Control (PR.AC)	§ 164.312 (a)
audit controls/ monitoring	Detect (DE)	Security Continuous Monitoring (DE.CM)	§164.312(b)
device integrity	Protect (PR)	Access Control (PR.AC)	(§ 164.312 (c)), §164.308 (a)(5)(ii)(B)
		Data Security (PR.DS)	(§ 164.312 (c)), §164.308 (a)(5)(ii)(B)
		Information Protection Processes and Procedures (PR.IP)	(§ 164.312 (c))
		Protective Technology (PR.PT)	(§ 164.312 (c))
	Detect (DE)	Security Continuous Monitoring (DE.CM)	(§ 164.312 (c))
			(§ 164.312 (c)), §164.308 (a)(5)(ii)(B)
person or entity authentication	Protect (PR)	Access Control (PR.AC)	§164.312(d), §164.308 (a)(5)(ii)(D), §164.312 (a)(2)(i)
transmission security	Protect (PR)	Access Control (PR.AC)	§164.312 (e)
		Data Security (PR.DS)	§ 164.312 (e))
		Technology (PR.PT)	§ 164.312 (e))

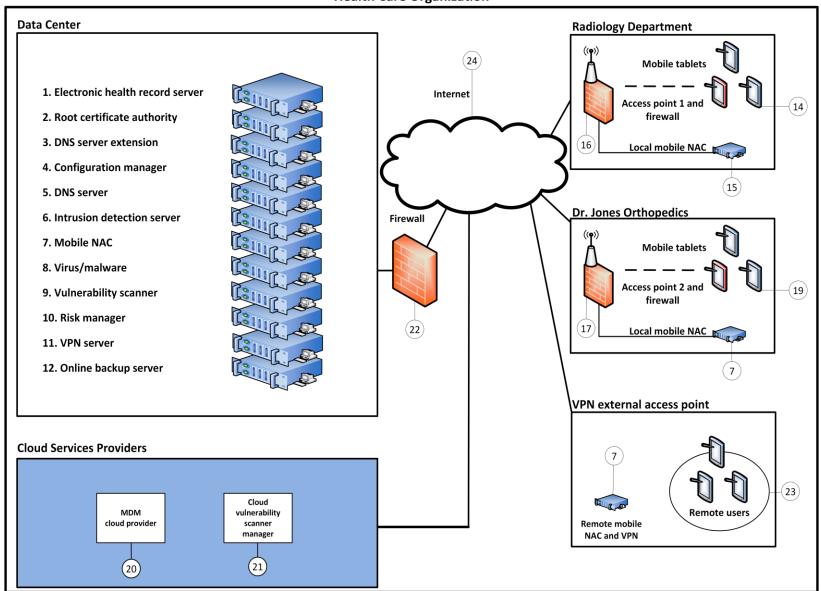
#### ARCHITECTURE METHODOLOGIES



- 1. Defense in Depth
- 2. Modular networks and Systems
- 3. Traditional Engineering Practices

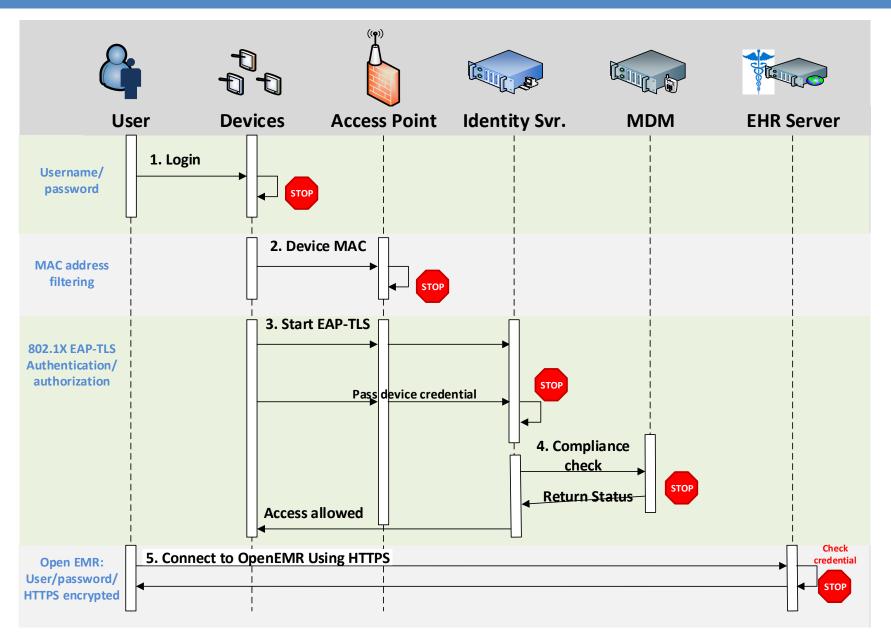


#### **Health Care Organization**



#### **SECURITY WALKTHROUGH**





### SCENARIO BASED EVALUATION



- 1. Lost Mobile Device Scenario
- 2. Internal Network Access Scenario
- 3. OpenEMR Access Scenario
- 4. Physical Access Scenario

#### **EXAMPLE OF HOW-TO SECTION**



#### **Mobile Devices**

#### **System requirements**

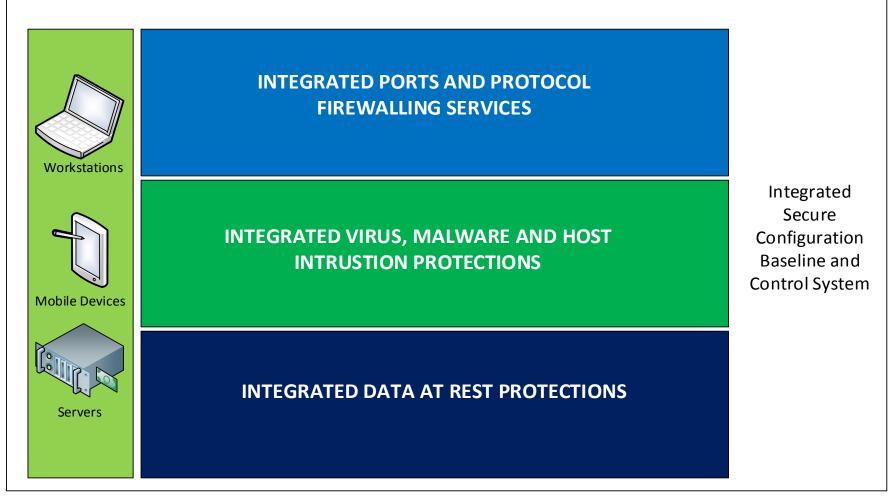
- •Android device: Android operating system 4.1 and up, screen size 7" and up, and Wi-Fi enabled
- Apple devices: Apple iOS 7 and up, screen size 7" and up, Wi-Fi enabled

#### You will also need the following parts of this guide:

- Section 3.3, Access Point: Cisco RV220W
- Section 7.1, Fedora PKI
- •Section 8.2.1, MDM Setup
- Section 9.1, Cisco Identity Services Engine



## **Integrated Host Based Security System**



#### SUMMARY OF SECURITY TECHNOLOGIES



#### **Prepare Mobile Device for MDM enrollment**

- Perform factory reset This step is optional. If factory reset is necessary for an Android device, be sure to check the options for backing up and restoring your data (<u>https://support.google.com/androidone/answer/2819582</u>). Follow these steps to perform the factory reset:
- On your mobile device, open the Settings menu.
- Under Personal, tap on Backup & Reset.
- Under Personal data, tap on Factory Data Reset.
- After pressing Reset Device, the device will start to reboot into recovery mode and begin to wipe the tablet and return the device to its factory conditions.
- Startup the device and follow the instructions on the screen to set up
  the device for a new user. Be sure the Date and Time setting is correct.
  Otherwise, the wrong date and time could affect the process for
  validating the certificates for authentication.

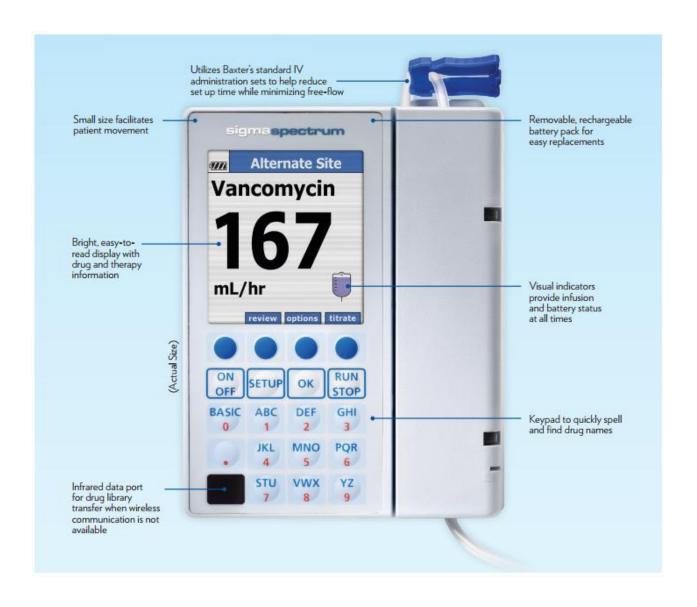
# Wireless Infusion Pumps Project





#### **SECURITY CONSIDERATIONS**





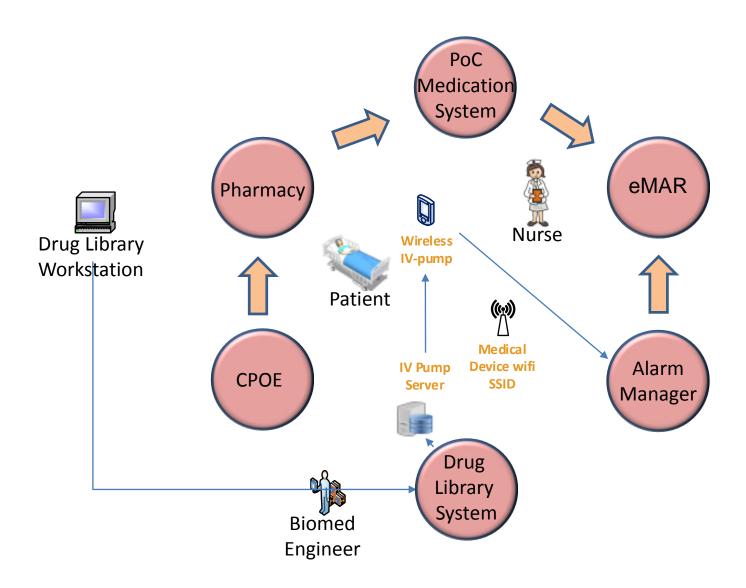
#### WIRELESS INFUSION PUMP USE CASE SCOPE



The scope of this use case is to follow the life cycle of an infusion pump from planning the purchase of the pump to decommissioning the device. Life cycle management includes:

- Procurement
- On boarding of asset
- Training and instructions for use
- Configuration
- Usage
- Maintenance
- Decontamination
- Decommissioning Devices





#### THIS ARCHITECTURE MAY INCLUDE:

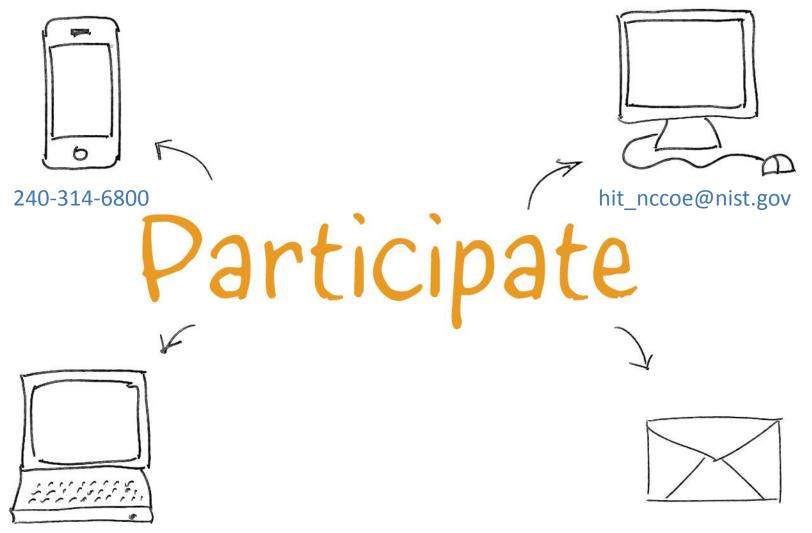


- The Patient
- The Health Care Professional
- Wireless Infusion Pump
- Pump Server
- Wireless Network
- Alarm Manager
- Electronic Medication Administration Record (eMAR) System
- Point of Care Medication System
- Pharmacy
- Computerized Physician Order Entry (CPOE)
- Drug Library
- Biomed Engineering

#### INFUSION PUMP SECURITY CHALLENGES



- Access codes
- Access point (AP)/Wireless network configuration
- Alarms
- Asset management and monitoring
- Credentialing
- Credentialing server
- Maintenance and updates
- Pump variability
- Utilization



http://nccoe.nist.gov

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